

## Clinic: Plug in, Turn on, Tune in

presented by Carolyn Mead  
reported by Nancy Bjork

The first presenter at our Fall Clinic was Carolyn Mead, a cellist who maintains a private studio in Rochester and has presented workshops all around the United States. Her session, titled *Plug in, Turn on, Tune in: Teaching through the Senses*, analyzed the ways in which listening skills develop, drew our attention to the 6 skills of attention (Focus, Concentrate, Remember, Imitate, Interpret, Internalize), described the “Learning Loop” which integrates all the senses, and intro-

duced Dalcroze Eurhythmics and how this might be incorporated into the music studio. After we watched a DVD of her own students exemplifying these techniques, Carolyn threw out tennis balls into the audience and let us experience physically the techniques we had just watched. This was great fun, as well as an eye-opener into the strength underlying this whole-body approach to learning.

*Nancy Bjork is MNSOTA's President-Elect. †*

